

LIFESKILLS



CARING



**To feel and show
concern for others**

COMMON SENSE



To use good judgment

COOPERATION



**To work together toward
a common goal or purpose**

COURAGE



**To act according to one's beliefs
despite fear of the consequences**

CREATIVITY



**The mental process of coming
up with new ideas**

CURIOSITY



**A desire to investigate and
seek understanding of
one's world**

EFFORT



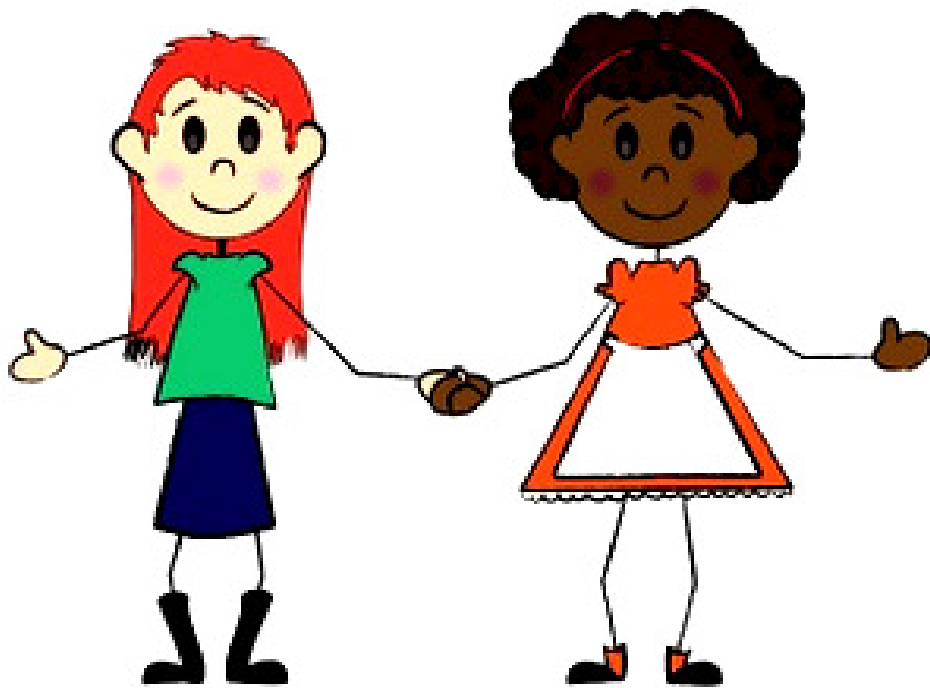
To do your best

FLEXIBILITY



**To be willing to alter plans
when necessary**

FRIENDSHIP



**To make and keep a
friend through mutual
trust and caring**

INITIATIVE



**To do something of one's
own free will, because it
needs to be done**

INTEGRITY



**To act according to a sense
of what's right and wrong**

ORGANIZATION



**To plan, arrange, and
implement in an orderly way;
to keep things orderly and
ready to use**

PATIENCE



**To wait calmly for
someone or something**

PERSEVERANCE



To keep at it

PRIDE



**Satisfaction from doing
your personal best**

PROBLEM SOLVING



**To create solutions for
difficult situations and
everyday problems**

RESOURCEFULNESS



To respond to challenges and opportunities in innovative and creative ways

RESPONSIBILITY



**To respond when
appropriate; to be
accountable for your actions**

SENSE OF HUMOR



**To laugh and be playful
without hurting others**

LIFELONG GUIDELINES



TRUSTWORTHINESS



**To be worthy of other's trust;
To take the right action**

TRUTHFULNESS



**To act with personal
responsibility and mental
accountability**

ACTIVE LISTENING



**To listen with the intention of
understanding what the speaker
Intends to communicate**

NO PUT DOWNS



Not to use words, actions, and/or body language to degrade, humiliate, or dishonor others

PERSONAL BEST



**One's best possible
performance given the time
and resources available**